

# RE Ignite

Re-imagine • Re-define • RE-IGNITE...

Create the kindling to spark what's next

***Are you a vital woman in a transition phase of life?***

***Are you wondering what you can step into next that will feel new, satisfying, creative and productive—a rebooted you, 2.0?***

If your answer is YES, meet with fellow professional women who are ready to envision their futures. **Our next monthly session starts this fall!**

## **Themes focus on reflection and action:**

- **Shifting roles and identity**
- **Comfort zones and bucket lists**
- **Re-thinking priorities and your next YES**

## **As a participant you will:**

- **Gain personal insights as you design your next chapter**
- **Discover new ways to leverage your past to create your future**
- **Meet other like-minded women to share in the journey!**

**Re-Ignite Group meets monthly for 2 ½ hours at Hera Hub in Mission Valley and is limited to 10 participants. Investment is \$425 for six months.**



Created and facilitated by  
**Julia Holladay, MA-Leadership**  
Certified professional and life transitions coach.

## **What participants are saying:**

*"This is a terrific program for women executives/leaders who are thinking of retiring, newly retired or simply interested in exploring all the options and ideas for women who are transitioning to that new and exciting life phase. Julia does a great job and we all loved the experience!" ~ Joanne P.*

*"I just completed this course and it was a wonderful growth experience. Julia is highly competent, supportive and inspiring. I loved sharing stories with other intelligent, insightful women." ~ Roxanne H.*

## **For more information:**

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